**LESSON PLAN**

**Session: 2024-25 (ODD SEM)**

**Name of Teacher- Dr. Rajesh**

**Class- B.A 1st sem [Multidisciplinary]**

**Subject- Foundation of Physical**

**Education**

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| **WEEKS** | **SYLLABUS** |
| Week 1 | Concept of Physical Education: Meaning. Definition & Scope  |
| Week 2 | Aims & Objectives of Physical Education |
| Week 3 | Importance of physical education in modern eraMisconception about Physical Education |
| Week 4 | Revision and test |
| Week 5 | History of Physical Education in Ancient Greek, Comparative Study of Spartan and Athenian Education |
| Week 6 | History of Physical Education in Germany, Sweden & Denmark |
| Week 7 | History of Physical Education in India (Pre- Independence & Post Independence Era) |
| Week 8 | Revision and test |
| Week 9 | Origin and Development of Olympic Games (Ancicnt & Modern)Origin and Development of Commonwealth Games |
| Week 10 | Origin and Development of Asian GamesOrigin and Development of National Games |
| Week 11 | Revision and test |
| Week 12 | National awards: Major Dhyan Chand Khel Ratna Award, Arjuna Award, Dronacharya Award, DhyanChand Award |
| Week 13 | National Programmes / Schemes: Sports Authority of India, Fit India Movement, Khelo India, TargetOlympic Podium Scheme |
| Week 14 | **Revision and test** |
| Week 15 | **Revision and test** |
| Week 16 | **Revision and test** |

**LESSON PLAN**

**Session: 2024-25 (ODD SEM)**

**Name of Teacher- Dr. Rajesh**

**Class-B.A 1st sem (Multidisciplinary)**

**Subject- Sports Management**

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| **WEEKS** | **SYLLABUS** |
| Week 1 | Meaning and definition of sports managementPrinciples and scopes of sports management  |
| Week 2 | Role of sports manager in event management |
| Week 3 | Revision and test |
| Week 4 | Meaning and definition of leadershipDifferent leadership styles |
| Week 5 | Qualities of an effective sports leader |
| Week 6 | Revision and test |
| Week 7 | Sports management in schools, colleges, and universitiesFactors affecting sports planning |
| Week 8 | Skills required for effective sports management |
| Week 9 | Revision and test |
| Week 10 | Basics of financial management in sportsPurchase and audit procedures |
| Week 11 | Funding sources and budget allocation |
| Week 12 | Revision and test |
| Week 13 | Revision and test |
| Week 14 | Revision and test |
| Week 15 | Revision and test |
| Week 16 | Revision and test |