

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- Dr. Naveen Kumar (Asstt. Prof.) Class- B.A. 1st Semester
Subject- Defence Studies Type of Course: Discipline Specific Course (DSC)
Name of Course: Part A: Theory Organization and Administration of Indian Armed Forces.

MONTH	Week	TOPICS TO BE COVERED
July	Fourth Week	Defence Studies: Concept, Scope, and Importance.
August	First Week	Defence Studies: Its relations with Social Sciences.
	Second Week	Defence Studies: Its relations with Life Sciences and Physical Sciences.
	Third Week	Principles of organization and administration.
	Fourth Week	Organization and functions of Ministry of Defence.
September	First Week	Organization and functions of various committees. Class Test
	Second Week	Organization and administration of Indian Army's Headquarter.
	Third Week	Static and field formation of Indian Army and its role.
	Fourth Week	Static and field formations of Indian Army.
October	First Week	Role of Indian Army in India's Peace and Security. First Assignment
	Second Week	Organization of Indian Air Force Headquarter.
	Third Week	Indian Air Force various formations.
	Fourth Week	Role of Indian Air Force in India's Peace and Security. Second Assignment
November	First Week	Organization of Indian Navy Headquarter.
	Second Week	Indian Navy various formations. Role of Indian Navy in India's Peace and Security.
	Third Week	Revision

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher-Dr. Naveen Kumar (Asstt. Prof.) Class- B.A. 1st Semester
Subject- Defence Studies Type of Course: Multidisciplinary Course (MDC)
Name of Course: Evolution of Armaments

MONTH	Week	TOPICS TO BE COVERED
July	Fourth Week	Age of Gun powder and Steam: Tactical Reforms of Gustavas Adolphus.
August	First Week	Age of Gun powder and Steam: Development of Naval Power
	Second Week	Armament During Ancient Period. (Written Test-1)
	Third Week	Age of Oil and Atomic Energy: Technological Innovations and Their Effect on War, Nations-at-War.
	Fourth Week	Age of Oil and Atomic Energy: New Devices of World War-I. (Assignment-1)
September	First Week	Age of Oil and Atomic Energy: New Devices of World War-II.
	Second Week	Age of Oil and Atomic Energy: Weapons of Mass Destruction.
	Third Week	Cyber warfare: Meaning and Concept. (Written Test-2)
	Fourth Week	Cyber warfare: Revolution in Military Affairs. (Assignment-2)
October	First Week	Cyber warfare: Revolution in Military Affairs.
	Second Week	Cyber warfare: Effects of Technology on Armaments. (Essay / Seminar)
	Third Week	Cyber warfare: Effects of Technology on Armaments.
	Fourth Week	Disarmament and Non-Proliferation: Meaning and Concept. (Quiz / Group discussion / Debate-1)
November	First Week	Disarmament and Non-Proliferation: Proliferation of Armament and Disarmament. (Quiz / Group discussion / Debate-2)
	Second Week	Disarmament and Non-Proliferation: Nuclear Non-proliferation.
	Third Week	Revision

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- Dr. Naveen Kumar (Asstt. Prof.) **Class- B.A. 1st Semester**
Subject- Defence Studies **Type of Course: Skill Enhancement Course (SEC)**
Name of Course: Military Psychology

MONTH	Week	TOPICS TO BE COVERED
July	Fourth Week	Military Psychology: Development; Functions and Problems, Significance.
August	First Week	Military Psychology: Development; Functions and Problems, Significance.
	Second Week	Human Factor in Fighting Forces: Individual Differences, its importance for fighting forces; Vocational Fitness, right soldier for a right job; Placement. (Written Test-1)
	Third Week	Human Factor in Fighting Forces: Methods of Selection; Job analysis, Interview: its merits and demerits.
	Fourth Week	Fatigue: Causes and Remedy. (Assignment-1)
September	First Week	Motivation: Kinds, Motivation During War.
	Second Week	Morale: Meaning, Concept and Factors influencing Morale,
	Third Week	Morale: Maintenance of Morale During War and Peace. (Written Test-2)
	Fourth Week	Discipline: Meaning, Concept and Importance. (Assignment-2)
October	First Week	Discipline: Kinds of Discipline.
	Second Week	Leadership: Meaning, Concept and Importance. (MCQs/ Quizzes/ Group Discussion-1)
	Third Week	Leadership: Kinds of leadership in Armed Forces.
	Fourth Week	Tools of Psychological Warfare: Brain Washing and Rumour. (MCQs/ Quizzes/ Group Discussion-2)
November	First Week	Tools of Psychological Warfare: Technique of Propaganda. (Seminar / Presentation)
	Second Week	Tools of Psychological Warfare: Indoctrination and Coercive persuasion.
	Third Week	Revision

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- Dr. Naveen Kumar (Asstt. Prof.)

Class- B.A. 1st Semester

Subject- Defence Studies Type of Course: Minor Course

Name of Course: Military Psychology

MONTH	Week	TOPICS TO BE COVERED
July	Fourth Week	Trends in History and Factors behind the Emergence of the State: Assam, Manipur.
August	First Week	Trends in History and Factors behind the Emergence of the State: Tripura, Arunachal Pradesh.
	Second Week	Trends in History and Factors behind the Emergence of the State: Meghalaya, Nagaland, Mizoram.
	Third Week	Physical and Demographic Characteristics: Assam.
	Fourth Week	Physical and Demographic Characteristics: Manipur. (Assignment-1)
September	First Week	Physical and Demographic Characteristics: Tripura.
	Second Week	Physical and Demographic Characteristics: Arunachal Pradesh.
	Third Week	Physical and Demographic Characteristics: Meghalaya. (Written Test-1)
	Fourth Week	Physical and Demographic Characteristics: Nagaland.
October	First Week	Physical and Demographic Characteristics: Mizoram.
	Second Week	Resources and Economic Developments in North East India. (Written Test-2)
	Third Week	Resources and Economic Developments in North East India.
	Fourth Week	Social Structure of North East India.
November	First Week	Political structure of North East India.
	Second Week	Ethnic conflicts in North East India
	Third Week	Revision

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- Sh. Rajbir Gill (Asso. Prof.) Class- B.A. 5th Semester

Subject- Defence Studies

Nomenclature of Paper: Option-A National Security-I

MONTH	Week	TOPICS TO BE COVERED
July	Fourth Week	Meaning of National Defence and Security.
August	First Week	Essentials of National Defence: <ul style="list-style-type: none"> • Geographical Factors, Location, Frontiers, Terrain Climate
	Second Week	Essentials of National Defence: <ul style="list-style-type: none"> • Economic Factors Resources: Industrial and Scientific Development, Transport and Communication
	Third Week	India's Defence Problem from 1947 to till date.
	Fourth Week	India's Defence Problem from 1947 to till date.
September	First Week	India's Defence Policy.
	Second Week	Nuclear Policy of India. Class Test
	Third Week	Geostrategic Location of India.
	Fourth Week	War Finance Taxation, Borrowing and Inflation.
October	First Week	Cost of War (Real Cost of War).
	Second Week	Economic Mobilization. First Assignment
	Third Week	Defence Budget of India.
	Fourth Week	Budget of Pakistan.
November	First Week	Defence Budget of China.
	Second Week	Comparative Study of Defence Budget of India, Pakistan and China. Second Assignment
	Third Week	Revision

Odd SEM

(52) LESSON PLAN

DEPT:- Defence Studies,

Rao Bir Gull

B.A 3rd SEM (M.D.C.)

NAME OF THE Course: → Regional Organization And Security,

COURSE CODE: → 25 DSSX03MDO1
RAA

July-2025

Third week:- course learning outcomes (CLO)

- ① Students will gain a comprehensive understanding about Regional Security and cooperation
- ② student will be able to analyze the objectives, organizational structures and functioning of major International bodies

~~Fourth~~
Fourth week:-

① Regional security, Regional cooperation and military alliances.

② Conceptual Aspects.

③ N.A.T.O.

August-2025

First week

① Objective and functioning of N.A.T.O.

② Objective of N.A.T.O.

③ organization of (N.A.T.O.)

Second week:- G-20

② objective of G-20

③ organization of G-20

④ functioning of G-20

- Third week : —
- ① Gr-7
 - ② objective of Gr-7
 - ③ organisation and functioning Gr-7

- fourth week : —
- ① Association of South East Asian Nation
 - ② Concept of ASEAN
 - ③ objective of ASEAN.
 - ④

SEPTEMBER-2025

- First week : —
- ① Future of ASEAN.
 - ② Problem of ASEAN.

- second week : —
- ① Achievements of ASEAN
 - ② Shanghai Cooperation organisation

- Third week : —

- ① Aims of S.C.O
- ② organisation of S.C.O.

- fourth week : —
- ① functioning of S.C.O.
 - ② General lecture of National security.

OCTOBER : -2025

- first week : —

- ① BIMSTEC

- ② Aims of BIMSTEC.

- second week : —

- ① organisation of BIMSTEC
- ② Problem of BIMSTEC.

Third week :-

- ① SAARC
- ② Concept of SAARC
- ③ Objective of SAARC

Fourth week :-

- ① Feature of ~~SAARC~~ SAARC
- ② Gulf Cooperation Council (GCC)

November-2025

First week :-

- ① Objective of Gulf Cooperation Council
- ② Organisation of G.C.C
- ③ Principle And Significance of G.C.C.

Second week :-

- ① Quadrilateral Security Dialogue (QUAD)
- ② Objective, ~~Principle~~ of QUAD
- ③ Principles And Significance of QUAD

(B2)

LESSON PLAN

RATBIR Hill

DEPTT:- Defence Studies:-

B.A. 3rd SEM (S.E.C)

NAME OF COURSE:- Nuclear Warfare

COURSE CODE:- 25 DSS 403 SE01

July-2025

Third week:- ① Course outcomes

② Understand the historical context and evolution of Nuclear weapons

Fourth week:-

- ① Introduction to Nuclear Warfare
- ② Definition and concept of Nuclear warfare.

August-2025

First week

- ① Historical overview of the development of nuclear weapons

- ② Nuclear Strategy And Doctrine.

Second week:- ① Theories of nuclear deterrence

- ② Nuclear doctrines of major nuclear powers. (MAQ)

third week :

- ① The role of nuclear weapons in military strategy and defence policy.
- ② First strike vs second-strike

fourth week :

- ①

SEPTEMBER-2025

first week :

- ① The cold war and nuclear arms race
- ② Nuclear competition during the cold war

second week

- ① The development of nuclear arsenals delivery system (ICBM, SLBMs, bombers)
- ② The Cuban missile crisis
- ③

third week :

- Threat of Nuclear warfare.
- ①
- ② The concept of nuclear escalation

fourth week :

- ① Nuclear crisis management during the cold war.
- ② Nuclear Non-Proliferation and disarmament.

OCTOBER-2025

first week :

- ① The Nuclear Non-Proliferation Treaty (N.P.T.)
- ② Object of N.P.T.

Second week

- ① Challenges of N.P.T.
- ② The Role of the International Atomic Energy.

Third week :-

- ① Comprehensive Test Ban Treaty
- ② Role of C.T.B.T in Nuclear Era.

Fourth week

- ① Efforts toward nuclear disarmament
- ② Role of super power in Nuclear Era.

November-2025

First week :-

- ① Relevance of N.N.P.T.
- ② Relevance of C.T.B.T.

Second week :-

- ① The Treaty on the Prohibition of Nuclear Weapons (TPNW)
- ② The Politics of Nuclear disarmament :- obstacles and controversies