

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- DR MEENAKSHI DALAL

Class- B.A(HONS) SEM V

Subject- BASICS OF NEUROPSYCHOLOGY

WEEKS	SYLLABUS
Week 1	Nature and Subject matter of Neuropsychology; Relationship with other branches of Psychology:
Week2	Clinical Psychology, Biological Psychology, Cognitive Psychology.
Week3	Behavioural Dysfunctions and Symptoms
Week4	Agnosias; Aphasias; Apraxia; Amnesias.
Week5	Cerebrovascular Disorder: Types- Transient Ischemic Attack
Week6	Infarction; Hemorrhage. Causes, Symptoms and Management.
Week7	Traumatic Head Injuries: Concussion, Closed Head Injury and Penetrating Head Injury
Week8	Causes, Symptoms & Management.
Week9	Intra Cranial Tumors- Infiltrating and non-infiltrating tumors.
Week10	Causes, symptoms & management.
Week11	Degenerative disorders: Parkinson's Disease and Alzheimer's Disease. Causes, Symptoms and management.
Week 12	Neuropsychological Assessment
Week13	Halstead-Rietan and Luria-Nebraska approach & Battery.
Week14	Neuropsychological Rehabilitation: Recovery of function, Plasticity
Week15	Adaptation & overview of Rehabilitation process.
Week 16	Group discussion, Assignments

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- DR DINESH SINGH

Class- B.A(HONS) SEM V

Subject- INDUSTRIAL PSYCHOLOGY

WEEKS	SYLLABUS
Week1	Industrial Psychology: Its premises and Development, Faces of Industrial Psychology
Week2	As a science and as a Progression.
Week3	Industrial- Organizational Psychology on the Job:
Week4	Challenges and I-O psychology as a career, Problems for I-O Psychologists
Week5	Industrial Psychology: Methods and basic Research strategies: Experimental method,
Week6	Naturalistic observation, Survey and opinion polls
Week7	Statistical Analyses in Research: Descriptive, Inferential statistics.
Week8	Job analysis: Meaning and Determinants.
Week9	Application Blanks, Interviews, Assessment centers:
Week 10	Basket & Leaderless, Group Discussions. Employees Attitudes toward Assessment centers.
Week11	Job Evaluation: Menaing, Methods and Factors of Job Evaluation.
Week12	Installing a job evaluation programme in Industry
Week 13	Working conditions: Illumination, Noise, Atmospheric conditions, work schedule, Rest periods, shift work.
Week14	Accidents and Safety: Definition of accident, factors of accident occurrence
Week 15	Situational and Individual, Accident proneness, Reduction of Accidents: Steps.
Week 16	Group Discussion, Assignments

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- DR ANITA MALIK Class- BA (HONS)

SEM V

Subject- CHILD DEVELOPMENT

WEEKS	SYLLABUS
Week1	Development of child: Nature and Methods: cross-sectional method,
Week2	Longitudinal method and Experimental method.
Week3	Principles of Human Development: Goals and types of developmental changes,
Week4	Early and late development of a child.
Week5	Foundations of developmental pattern: Prenatal: Fertilization, Heredity
Week6	Sex-determination. Developmental differences of single and multiple birth conditions.
Week7	Development attitudes: Parental attitudes effecting prenatal development
Week8	Hazards during prenatal period: Physical and psychological hazards.
Week9	Neonate: Adjustment of a child to new world. Respiration
Week 10	Cardiovascular and gastrointestinal changes. Reflexes, sucking, moro and grasping reflex.
Week 11	Social Development: Goals and types of developmental changes.
Week12	Early and late developmental pattern.
Week 13	Cognitive development: structural and functional approach
Week14	Piaget's developmental stages and Piaget's theory. Social cognition.
Week 15	Emotional development: Smile as a social sign, smiling and laughter; Attachment: Theories of attachment, Parental behavior and attachment.
Week 16	Assignments, Group Discussion

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- DR MEENAKSHI DALAL

Class- BA-III Pass Course

Subject- PSYCHOPATHOLOGY

WEEKS	SYLLABUS
Week1	Concept of normality and abnormality.
Week2	Models of Psychopathology: Biological,
Week3	Psychodynamic
Week4	Behavioural, and Cognitive
Week5	Classification of Psychopathology Interview, Projective techniques.
Week6	Need for classification, DSM system
Week7	Diagnostic Assessment
Week8	Case history
Week9	Anxiety Based Disorders: GAD, OCD,
Week 10	Phobic disorders-Symptom and Causes.
Week11	Substance/drug abuse – Causes
Week 12	Consequences and Rehabilitation.
Week13	Mood disorders: Unipolar and bipolar-Symptoms and causes.
Week14	Schizophrenia: Nature, types, and causes.
Week 15	Group Discussion
Week 16	Assignments

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- DR DINESH SINGH

Class- BA(HONS) Sem I

Subject- Fundamentals of Psychology

WEEKS	SYLLABUS
Week1	Introduction: - Definition, Historical origins of Psychology
Week2	Goals and fields of psychology.
Week3	Methods in Psychology: Experimental, observation
Week4	Interview, Questionnaire and Case Study.
Week5	Personality: Nature, Major Approaches
Week6	Trait and Type
Week7	Psychodynamic
Week8	Behavioral and Humanistic
Week9	Motivation: Nature, Biological and Psychosocial Motives,
Week10	Frustration and Conflict
Week11	Emotion: Nature, Bodily changes
Week 12	Theories of Emotion: James-Lange, Cannon-Bard and, Schachter–Singer.
Week13	Intelligence: Nature, Theories: Guilford
Week14	Gardener and Sternberg
Week 15	Group Discussion
Week 16	Assignments

LESSON PLAN

Session: 2025-26 (ODD SEM)

Name of Teacher- DR SUNIL RATHEE

Class- BA-1 (PASS-COURSE)

Subject- Fundamentals of Psychology

WEEKS	SYLLABUS
Week1	Introduction: - Definition, Historical origins of Psychology
Week2	Goals and fields of psychology.
Week3	Methods in Psychology: Experimental, observation
Week4	Interview, Questionnaire and Case Study.
Week5	Personality: Nature, Major Approaches
Week6	Trait and Type
Week7	Psychodynamic
Week8	Behavioral and Humanistic
Week9	Motivation: Nature, Biological and Psychosocial Motives,
Week10	Frustration and Conflict
Week11	Emotion: Nature, Bodily changes
Week 12	Theories of Emotion: James-Lange, Cannon-Bard and, Schachter–Singer.
Week13	Intelligence: Nature, Theories: Guilford
Week14	Gardener and Sternberg
Week 15	Group Discussion
Week 16	Assignments

LESSON PLAN

Session: 2025-26 (ODD SEM)

Name of Teacher- DR ANITA MALIK

Class- BA(HONS) SEM I

Subject- Social Psychology

WEEKS	SYLLABUS
Week 1	Introduction: Nature and Subject-matter;
Week2	Methods: Sociometry and Case study.
Week3	Socialization: Nature, Process
Week4	Agents of Socialization.
Week5	Social Influence: Meaning and Nature of Compliance
Week6	Conformity and Obedience.
Week7	Prejudice: Nature, Development
Week8	Stereotypes.
Week9	Social Processes -Meaning of Cooperation and Conflict,
Week10	Conflict Resolution Techniques.
Week11	Social Perception: Impression Formation
Week12	Attribution Theory: Heider
Week 13	Aggression: Nature, Determinants and Prevention. Pro-Social Behaviors: Nature, Determinants of Pro-Social Behavior
Week14	Empathy- Altruism Hypothesis, Negative State Relief Hypothesis.
Week 15	Group Discussion
Week 16	Assignments

LESSON PLAN

Session: 2025-26 (ODD SEM)

Name of Teacher- DR SUNIL RATHEE

Class- B.A (HONS) SEM I

Subject- Skill Enhancement Courses

WEEKS	SYLLABUS
Week1	Life Skills: Concept.
Week2	Definition and Categories of Life Skills
Week3	Life Skills for Self- Understanding
Week4	Self-esteem
Week5	Self-efficacy
Week6	Self-Regulation.
Week7	Life Skills for Interpersonal Management,
Week8	Effective Communication skills
Week9	Interpersonal Relations skills
Week 10	Conflict Resolution skills
Week11	Assertiveness Training
Week 12	Life Skills Dealing with Issues and Problems
Week 13	Critical Thinking
Week14	Creative Thinking and Problem Solving.
Week 15	Group Discussion
Week 16	Assignments

LESSON PLAN
Session: 2024-25 (ODD SEM)

Name of Teacher- DR ANITA MALIK

Class- BA-111 HONS

Subject- PSYCHOLOGY OF SOCIAL ISSUES

WEEKS	SYLLABUS
Week1	Nature of social issues: Social Psychology and social issues; Basic vs. Applied, social problems in the 21st century.
Week2	Social psychological understanding of social systems: Indian family system
Week3	Social stratification caste, power and gender.
Week4	Social inequality, poverty and deprivation: The problems of social inequality- Poverty
Week5	Theories of poverty. Social psychological analysis of deprivation, sources of deprivation.
Week6	Attitudes and Social cognition: Attitudes towards women and sex role stereotypes, attitude towards family planning.
Week7	Social cognition-social perception and attribution of success and failure in achievement context.
Week8	Anti-Social behavior: Corruption, Bribery and other form of anti-social behaviors
Week9	Crime and Violence: Nature of crime and violence, Causes of crime and violence
Week10	Environmental issues and well being: Crowding in urban ecology
Week11	Psycho-Social determinants of health and well being.
Week12	Culture and social Behavior: Culture, Person perception
Week 13	Culture and interpersonal attraction- Love, intimacy and intercultural marriages.
Week14	Assignments
Week 15	Group Discussion
Week 16	Assessments works

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- DR MEENAKSHI DALAL

Class- BA (Pass Course) SEM III

Subject- Cognitive Processes

WEEKS	SYLLABUS
Week1	Attention: Attentional Processes
Week2	Selective and Divided Attention
Week3	Perception: Gestalt's Laws of organization
Week4	Perception of Depth
Week5	Learning: Classical Conditioning: Basic Procedure
Week6	Extinction, Spontaneous Recovery
Week7	Generalization and Discrimination
Week8	Operant conditioning: Reinforcement and reinforcement schedules
Week9	Punishment
Week 10	Memory: Nature and Types: Sensory
Week11	Short and Long-Term Memory
Week 12	Forgetting: Decay and Interference: Retroactive and proactive
Week13	Thinking: Characteristics and Types
Week14	Reasoning: Inductive and deductive reasoning
Week 15	Problem-Solving: Classifications of Problems, Problem-Solving Strategies
Week 16	Problem-Solving Obstacles: Problem-Solving Set and Functional Fixedness

LESSON PLAN
Session: 2025-26 (ODD SEM)

Name of Teacher- DR DINESH SINGH

Class- BA (Hons) SEM III

Subject- Cognitive Processes

WEEKS	SYLLABUS
Week1	Attention: Attentional Processes
Week2	Selective and Divided Attention
Week3	Perception: Gestalt's Laws of organization
Week4	Perception of Depth
Week5	Learning: Classical Conditioning: Basic Procedure
Week6	Extinction, Spontaneous Recovery
Week7	Generalization and Discrimination
Week8	Operant conditioning: Reinforcement and reinforcement schedules
Week9	Punishment
Week 10	Memory: Nature and Types: Sensory
Week11	Short and Long-Term Memory
Week 12	Forgetting: Decay and Interference: Retroactive and proactive
Week13	Thinking: Characteristics and Types
Week14	Reasoning: Inductive and deductive reasoning
Week 15	Problem-Solving: Classifications of Problems, Problem-Solving Strategies
Week 16	Problem-Solving Obstacles: Problem-Solving Set and Functional Fixedness

LESSON PLAN

Session: 2025-26 (ODD SEM)

Name of Teacher- DR SUNIL RATHEE

Class- B.A (HONS) SEM III

Subject- Research Methods in Psychology

WEEKS	SYLLABUS
Week1	Data Collection Techniques: Experimental
Week2	Observation, Questionnaire
Week3	Interview, Sociometry
Week4	Problem: Sources, Indicators and Characteristics of problems
Week5	Hypothesis: Nature, Types, Formulation and Criteria of good hypothesis
Week6	Variables: Types and Control of variables
Week7	Sampling – Techniques- Probability
Week8	Non-probability Sampling
Week9	Designs: Requirement of a good design
Week 10	Within – Single Group Design
Week11	Two Group Design
Week 12	Writing up a Research Report - APA Style
Week 13	Test
Week14	Assignment
Week 15	Presentation
Week 16	Presentation

LESSON PLAN

Session: 2025-26 (ODD SEM)

Name of Teacher- DR DINESH SINGH

Class- B.A (HONS) SEM III

Subject- Humor

WEEKS	SYLLABUS
Week1	Humor: Nature
Week2	Forms
Week3	Discussion
Week4	Discussion
Week5	Effects of Humor on Physical Health
Week6	Discussion
Week7	Discussion
Week8	Effects of Humor on Mental Health & Wellbeing
Week9	Discussion
Week 10	Discussion
Week11	Effects of Humor on Cognition
Week 12	Discussion
Week 13	Movie Screening
Week14	Movie Analysis
Week 15	Discussion
Week 16	Experience sharing by Students