

Name:-**Dr. Pankaj /Mrs Pooja**

Class: B.A. First Year (First Semester)

Name of Paper: Introduction to Sociology (Major Course)

Lesson plan from July to November 2025

Name of Month	Topics
July	Introduction to Sociology: Meaning
	Nature of Sociology and its Scope
August	Development of Sociology
	Relationship of Sociology with History, Psychology and Economics
	Basic concepts: Meaning and definition of Society
	Meaning, definition, characteristics & Types of Community
	Meaning, definition, characteristics & Types of Institution
	Meaning and definition, characteristics & Types of Association
	Assignment- 1st
September	Groups: - Meaning & definition
	Types of group:- Primary , Secondary & Reference Group
	Social Structure :- its Meaning and Definition
	Status: Understanding of Status in Society
	Role: Understanding of Role in Society
	Assignment- 2nd
October	Understanding of Culture and Society
	Meaning, definition, characteristics & types of Culture
	Socialization – Meaning, definition, Stages and Agencies
	Social Control: Forms and Agencies
	Religion - Meaning, forms, functions and dysfunctions
	Concept of Religiosity
	Unit- Test
November	Social Change: Meaning and Types of Change
	Factors of Social Change
	Forms of Social Change: Evolution
	Progress, Growth & Development
	Revolution
	Barriers to Social Change.

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Class: B.A. First Year (First Semester)

Name of Paper: Basic Concepts of Sociology (Minor Course)

Lesson plan from July to Nov. 2025

Name of Month	Topics
July	Introduction to Sociology: Meaning
	Nature of Sociology and its Scope
August	Development of Sociology in Europe
	Development of Sociology in India
	Basic concepts: Meaning and definition of Society
	Groups: - Meaning & definition
	Types of group:- Primary , Secondary & Reference Group
	Assignment- 1st
September	Understanding of Community: Meaning, definition, characteristics & types
	Understanding of Association
	Understanding of Social System
	Social Structure :- its Meaning and Definition
	Status: Understanding of Status in Society
	Role: Understanding of Role in Society
	Assignment- 2nd
October	Socialization – Meaning, definition, Stages and Agencies
	Understanding of Culture
	Meaning, definition, characteristics & types of Culture
	Social Processes: - Associative & Dissociative
	Associative Social Processes:- Co-operation, Accommodation, Assimilation
	Dissociative Social Processes:- Competition & Conflict
	Unit- Test
November	Social Stratification and Social Mobility: Meaning and Definition
	Social Institutions:- its Meaning, Definition & Process
	Marriage & Family
	Kinship
	Economy
	Polity
	Religion

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Class: B.A. First Year (First Semester)

Name of Paper: Principles of Sociology (MDC)

Lesson plan from July to Nov. 2025

Name of Month	Topics
July	Introducing a new subject:- Sociology
	The Sociological Imagination
August	Theories in Sociology
	Methods in Sociology
	Socialization – meaning, definition, stages and agencies
	Understanding Normality & Deviance in Society
	Assignment- 1st
September	Social Control :- its need & agencies
	Introduction to Culture and its Components of Culture
	Cultural Diversity in India
	Understanding Social Movements
	Assignment- 2nd
October	Social Change
	Understanding Social Structure & its Components
	Understanding Social Interaction
	Unit- Test
November	Stratification: - its meaning & definition
	Gender and its meaning
	Gender as a social construct
	Difference between gender & sex
	Social Inequality in society

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Name of Paper: : Human Values and Ethics (Value Added Course)

Lesson plan from July to Nov. 2025

Name of Month	Topics
July	Value Education: Need, Content and Process
	Classification of Value Education: Understanding Personal Values, Social Values, Moral Values & Spiritual Values
	Understanding the difference between ideology and values
	Understanding Harmony with self, Society and Nature
	Activity: Debate and discussion on the need and nature of value education
August	Human Values and Ethics:- its meaning and nature
	Significance of human values in life
	Relation between values and ethics
	Relevance of Human values
	Integrity Empathy, Loksangrah, Brahmvihara.
	Theory of Naya (Jainism), Deontology, Virtue Ethics, Utilitarianism.
	Activity :- findings of human values in global and local context
	Assignment- 1st
September	Integrated Personality and Well-being
	Understanding the relationship among: Self, Identity and Personality
	Understanding Integrated Personality – with the three gunas theory of Sankhya, the four Antah-karanas (inner instruments) in Yoga, and Panchkosha (five sheaths) in Upanishad.
	Assignment- 2nd
October	Approaching comprehensive understanding of well-being and its relation to Happiness.
	Activity: cognitive restructuring :- Bhramadhya Dhyana, Chakra Dhyana, Preksha Dhyana, Sakshi Bhava Dhyana, Vipassana, Yog Nidra, Partipakshabhava
	Unit- Test
November	Professional Ethics and Global Citizenship
	Nature, Characteristics and Scope of Professional Ethics
	Types of Professional Ethics,
	Professional Values: Trusteeship, Inclusiveness, Commitment, Sustainability, Accountability, Transparency, Impartiality.
	Values for Global Citizenship: Equality, Justice, and Human Dignity.
	Nature and Need of Competency based Education
	Types of Competencies, Core Competencies: Communication, Teamwork, Planning and Achieving Goals
	Functional Competencies: Analytical Thinking, Knowledge Sharing and Learning, Decision Making, Partnership Building.

Name: **Dr.Pankaj / Mrs Pooja**

Class: B.A. Second Year (3rd Semester)

Name of Paper: Methods of Social Research

Lesson plan from July to Nov. 2025

Name of Month	Topics
July	Social Research: its meaning, definition and nature.
	Steps of Social Research.
August	Objectivity & Subjectivity in Social Research
	Observation
	Interview Method: it's types and characteristics
	Case Study: Meaning, Nature and types
	Assignment- 1st
September	Social Survey: it's meaning nature, type & importance of social survey in social research
	Questionnaire & Schedule
	Quantitative method: nature and characteristics
	Assignment- 2nd
October	Research Design: its meaning and types
	Sampling and hypotheses: nature and types
	Classification and tabulation of data,
	Unit- Test
November	Use of statistics in social research
	Measures of central tendency: mean, mode and median
	use of computer in social research
	Revision of Syllabus

Name: **Dr.Pankaj / Mrs Pooja**

Class: B.A. First Year (First Semester)

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	Classification and tabulation of data,
	Unit- Test
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Class: B.A. 3rd year (5th Semester)

Name of Paper: Foundations. of Social Thought

Lesson plan from July to Nov. 2025

Name of Month	Topics
July	What is Positivism: meaning and characteristics? Comte's law of three stages.
	Social Static and social dynamic
August	Evolutionism: Spencer's Theory of Social Evolution, Society and Organism
	Functionalism: Meaning and Durkheim's concept of Social Fact.
	Radcliffe Brown's approach of structural Functionalism
	Assignment- 1st
September	Conflict Approach: Meaning and Karl Marx approach of Historical Materialism and concept of class and class struggle
	Coser's approach to Social Conflict
	Assignment- 2nd
October	Weber's interpretative sociology,
	Types of Social Action
	Unit- Test
November	G.H.Mead's Concept of Mind, Self and Society.
	Revision of Syllabus